

1. A system for providing secure E-mail services comprising:

a forwarding service operable to

receive an E-mail message for delivery to a recipient;

store the message atleast temporarily in a storage means;

check for recipient preferences for delivery of the E-mail message content;

if no preference is specified and if Web-based delivery is specified,

provide an E-mail notification to the recipient including a secure link to the message, and

respond to a page request from the recipient indicating the message including extracting the message from the storage means, formatting the message as a page and delivering the page to the recipient's web browser; and

if a preference for delivery other than Web-based is specified, deliver the message in accordance with the recipient's preference.